

IHA CODE: 319199

TITLE:	Physical Therapist Assistant
REPORTS TO:	Director of Therapy Services
REVISED:	9/16; 5/18; 6/19; 5/20, 9/2021
	See current organizational chart for oversight/administrative support information

#### **PRIMARY FUNCTION:**

A physical therapist assistant at Clarinda Regional Health Center will perform patient interventions and required documentation in accordance with the facility mission, vision, and values. The physical therapist assistant will promote preventative care through the education of the patient and associated caregivers. The physical therapist assistant will execute all duties in a manner to maintain a clean, safe and organized facility to advance exceptional care.

#### **OUR MISSION:**

We are dedicated to providing health and wellness to our communities with Compassionate, Respectful, Holistic, and Collaborative care.

#### **OUR VISION:**

Our care and patient focus make us the first choice for patients, families, providers, and employees.

#### **QUALIFICATIONS:**

#### **Education and/or Experience**

- Must be a graduate of an accredited School of Physical Therapy Assistant program
- Must pass the National Physical Therapy Examination (NPTE)

### **Certificates, Licensure, Registrations**

**Essential Job Duties and Responsibilities** 

- Must possess current Iowa Physical Therapist Assistant License
- Basic Life Support (BLS) (or willing to obtain within 60 days of employment)
  - Mandatory Reporter of Iowa Certificates (Dependent Adult and Child Abuse) (or willing to obtain within 60 days of employment)

# Performs various clerical duties to support effective department operations. Responsibility to use health care resources with collaboration of the supervising PT to educate and treat all patients within the ethical standards set by the APTA

- Communicate patient treatment plan with the supervising physical therapist.
- Provide patient interventions utilizing appropriate physiologic rationale.
- Document patient interventions and modalities within the physical therapist's plan of care as required by facility and various regulatory agencies.
- · Record patient charges.



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#### **Essential Job Duties and Responsibilities**

- Educate the public on all benefits provided within physical therapy and information regarding all treatments and interventions completed.
- Correspond with health care providers regarding patient status.
- Maintain a clean, safe and organized therapy department,
- Attend required departmental and facility meetings.
- Assist with scheduling patient appointments as needed.
- Supervise students and volunteers.
- Complete all continuing education, competencies, and educations to maintain license/certifications within the facility's handbook.
- Complete documentation for all patients within a timely and accurate manner.
- Contribute to the development of departmental action plans and procedures.
- Gather data for quality assurance monitors.
- · Operate equipment safely and correctly.
- Assist with scheduling and/or answering phone calls as needed
- Performs modalities and procedures for which the technician is trained, performed under direct supervision of the therapist, and with regards to time duration, frequency and dosage as determined by the therapist.
  - Application of therapeutic modalities that are listed and approved within the patient's plan of care.
  - Monitors patients during therapeutic interventions and treatments. i.e. NMR, therapeutic exercise, etc.
  - Provide physical therapy services under the general supervision of a physical therapist and communicate with physical therapist when patient's status required modification to established plan of care and progress within that plan of care.
- 3. Promotes and ensures patient safety in performance of all responsibilities.
  - Alerts Director of therapy services or maintenance staff of any possible safety hazards in department.
  - Demonstrates safe proficient use of all rehabilitation equipment.
- 4. Communicates effectively.
  - Communicate with other healthcare providers involved with the patient's care to ensure comprehensive patient care
  - Follows approved shift report format when communicating patient information.
  - Identifies and recognizes abnormal symptoms/changes in patient condition, established priorities, and takes appropriate action. Appropriately reports condition changes to medical provider.
- 5. Promotes and ensures patient safety in performance of all responsibilities.
  - Demonstrates proficient technical/clinical skills and operational knowledge of equipment on unit.



# Physical Therapist Assistant

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#### **Essential Job Duties and Responsibilities**

- Utilizes proper body mechanics, transfer/lifting techniques and appropriate equipment to minimize fall risk to patient and injury to self.
- 6. Presents self in a professional manner and enhances professional growth and development through participation in education programs, current literature, in-service meetings and workshops.
  - Seeks opportunities for continued growth and performance improvement.
  - Always maintains a professional appearance and manner.
  - Dependable and completes work in a timely manner.

Demonstrates an understanding and emphasis on quantity, quality and knowledge of duties and tasks.

- 7. Participates in CRHC'S Quality program, committees, performance and quality improvement initiatives, and activities which support the facility and department operations.
  - Demonstrates a commitment to the practices of Quality Improvement (QI).
  - Regularly attends Department huddles

Completes tasks as outlined on Department Huddle Board

8. Performs other duties as assigned.

#### **ESSENTIAL Work Environment & Physical Requirements:**

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

Physical Activity	Not Applicable	Occasionally	Frequent	Continuous
		(0-35% of day)	(36-66% of day)	(67-100% of day)
Sitting	7		X	
Standing		Х		
Walking		Х		
Climbing	X			
Driving		х		
Lifting (floor to waist level)		40 lbs.	50 lbs.	10 lbs.
Lifting (waist level and above)		40 lbs.	50 lbs.	10 lbs.
Lifting (shoulder level and above)		40 lbs.	50 lbs.	10 lbs.
Carrying objects			Х	
Push/pull		200 lbs.	150 lbs.	10 lbs.
Twisting		Х		
Bending		Х		
Reaching forward			Х	
Reaching overhead		Х		
Squat/kneel/crawl			Х	
Wrist position deviation				Х
Pinching/fine motor activities				Х
Keyboard use/repetitive motion				Х

Sensory Requirements	Not Applicable	Accurate 20/40	Very Accurate 20/20



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Near Vision		Х	
Far Vision		X	
Color Discrimination	Х		
Depth Perception		Х	
Hearing		Х	

<b>Environment Requirements</b>	Not Anticipated	Reasonably Anticipated
Occupational Exposure Risk Potential		
Bloodborne Pathogens		X
Chemical		X
Airborne Communicable Disease		x
Extreme Temperatures	X	
Radiation	X	
Uneven Surfaces or Elevations	х	
Extreme Noise Levels	X	
Dust/Particulate Matter		X
Other (List)		

Shift Requirements	8 hrs/day	10 hrs/day	12 hrs/day	Other (varied)
Usual workday hours	X	X		
Regular, punctual attendance for assigned shifts	Yes			
Available to work overtime	Yes			

## **APPLICANT ESSENTIAL FUNCTION FORM**

Name (please print):			
Position Applied For:		Date:	
In compliance with the American			
which you are applying and answ please ask Human Resources.		, ,	
Can you perform the essential fu	inctions of the position	on with or without reasona	able accommodations?
	YES	NO	
Signature:			